BAR HILL NEWS

March 2017; Issue 579

TOWN AND COUNTRY PLANNING ACT 1990 — APPEAL UNDER SECTION 78 —

An appeal *(application reference: S/0851/16/FL)* has been lodged by Hallmark Hotel against South Cambridge District Council's decision to **REFUSE** a planning application for the development of 40 residential dwellings on the land on the south side of Huntingdon Road, Bar Hill CB23 8EU.

In further detail: Hallmark Hotel wishes to develop:

Site 1: 40 residential dwellings comprising: 6 two-storey houses and 27 apartments in 3 & 4-storey blocks, 47 car parking spaces and associated landscaping, including the retention of part of the bund and provision of a play area on part of the hotel car park and other surplus space.

Site 2: 7 two-storey houses served by 14 car parking spaces and associated landscaping on part of hotel staff car park and underutilised part of golf course.

New pedestrian access off Crafts Way and a children's play area along with associated landscaping on land between Sites 1 & 2.

The appeal will be determined on the basis of a hearing. The procedure to be followed is set out in **The Town and Country Planning (Hearings Procedure) (England) Rules 2000**, as amended.

If you wish to make comments, or modify/withdraw previous representation, you can do so on the GOV.UK website at: https://acp.planninginspectorate.gov.uk, or by e-mail: East2@pins.gsi.gov.uk.

If you do not have access to the internet, you can send **three copies** to:

The Planning Inspectorate
Room 0 Kite, 3rd Floor
Temple Quay House
2 The Square
Bristol
BS1 6PN.

All representations must be received by 9th March 2017, and must quote this appeal reference: APP/W0530/W/16/3162178.

Any representations submitted after the deadline will not usually be considered and will be returned. The Planning Inspectorate does not acknowledge representations.

— MAKE A WILL MONTH — THROUGHOUT MARCH 2017

Have you got round to making or updating your Will? Now's the time!

Local solicitors and will writers are kindly donating their time to write or update a standard will in return for a donation to the Arthur Rank Hospice.

Make a will to make sure those you care about most are provided for – it's easier than you think.

For more details, visit www.arhc.org.uk/Makeawill.asp; call 01223 675881 or email lucy.day@arhc.org.uk.

Arthur Rank Hospice Charity: registered charity nº 1133354.

Cambridgeshire County Council

Make a difference to a child's life in 2017 – across Cambridgeshire there is a need for foster carers for hundreds of children and young people of all ages who are unable to live with their birth family.

For more information on this important matter, go to www.cambridgeshire.gov.uk/fostering.

Campaign to recruit male care workers – changing the stigma and perception of male carers can be achieved by highlighting how rewarding a career in care can be.

Recruiting for the care sector is a challenge as it is predicted that the number of people over 85 will double in the next 20 years, and one in five people currently over 85 will live to see their 100th birthday.

For more information and contact details please see www.cambridgeshire.gov.uk/news/article/582/campaign_launched_to_recruit_more_male_carers.

Crowdfunding campaign to fight loneliness – Cambridgeshire Timebanking is launching a campaign to raise funds to help fight loneliness in the county, where over 29,000 over-65s live alone.

Timebanking is a way of giving and receiving to build supportive networks and strong communities. Each Timebank is different and reflects its members, the visions they have for their community, and what they choose to offer and receive.

For each hour that someone helps another person in their community they can "bank" an hour for when they need help. We know that everyone has something to offer – skills and wisdom to pass on to their community, whatever their age. An hour at a coffee morning, a weekly walk with a fellow Timebank member or helping with DIY can help break the silence of a day.

If you are interested in finding out more, contact:
E: Gerry.Cano@chsgroup.org.uk T: 0300 111 3555.

— SUPPORT DURING A POWER CUT —

Do you know someone who may need extra support during a power cut? Do you need support? Although power cuts are rare when they happen they can be worrying.

UK Power Networks delivers electricity to homes and businesses across the East of England. We have a **'Priority Services Register'** for people who might need extra help in a power cut, e.g. older people, families with very young children, and people with specific medical conditions, all of whom are eligible to register for free support.

You can find more details at: ukpowernetworks.co.uk/prioritysupport; or by calling **0800 169 9970**.

...did you know...

if you started at number one and spelled out each numeral in order *(one, two, three, four etc.)*, you'd reach the number **one thousand** before you encountered the letter 'a'?

Deadline for April's edition: 15th March to bhneditor@yahoo.com ***or see page 2 for other contacts.***

— BAR HILL RESIDENTS' ASSOCIATION —

2016–17 COMMITTEE:

Chair:	Roger Hall	01954 780304	11 Almond Grove
Vice-Chair:	Paul Goodfield	01954 200228	15 Little Meadow
Secretary:	Anil Pallan	01954 782736	72 The Spinney
Treasurer:	Martin Avery	01954 781233	34 Acorn Avenue
Website:	Mike Nelson	01954 780772	6 Field View
Committee Members:	Jo Hall	01954 780304	11 Almond Grove
	Hilary Whipp	hilary@whipp6.orangehome.co.uk	

BAR HILL NEWS:

Editor:	Jan Cundy	jan_cundy@yahoo.com	
Advertising Coordinator:	Bunty Waters	01954 201421	77 Foxhollow
Distribution Coordinator:	Martin Avery	01954 781233	34 Acorn Avenue

The objectives of the association are to act as an intermediary between residents and other parties, to keep residents informed of matters of importance and recreation in and around the village, and to promote the interests of Bar Hill. Opinions expressed in this publication are not necessarily those of the Association. Anonymous letters will not be published, but names and addresses may be withheld. However, these may be made available should a written request be received. This is a private publication and may not be reproduced in any way without the prior permission of the Bar Hill Residents' Association Committee.

ADVERTISING

All matters relating to advertising should be addressed to the Advertising Coordinator bunty.waters@ntlworld.com. Quarter-page adverts cost £16.50 per month and must be submitted by the 1st of the month prior to inclusion. These ads are for local businesses and we guarantee publication, but this often results in a waiting list.

To help overcome this, we publish Maxi and Mini ads which appear throughout the publication. We cannot guarantee their inclusion, though, due to restrictions of space. Maxi ads (6cmx4½cm – 9cmx6cm) are £8.50 per month; Mini ads (6cmx2cm – 6cmx4cm) are £5 per month, and should be submitted by 15th of the month prior to their inclusion.

EDITORIAL

There is no charge for Articles, What's On, For Sale or Lost and Found. These appear at the Editor's discretion. Please submit items by 15th of the month. [Items offered For Sale will be advertised in two consecutive editions, so please let the Editor know if the item(s) sell after the first time.] All items can be submitted electronically on disk or to bhneditor@yahoo.com *[a Word file is best, please]* or hard copy via Parish Council Office.

— THE MAPLE SURGERY —

Tel: **01954 780442**
www.mhmaple.co.uk

Out of Hours Emergencies call **111**
(Cambridgeshire and Peterborough 111 Service)

Surgery Opening times:

Monday to Friday 8.15am – 6.30pm

On the day appointments: bookable by phone at ***8.30am*** for the ***mornings*** and at ***1.30pm*** for ***afternoons***.

Midwife	Thursday	9.30am–12.30pm
Physiotherapist	Tuesday	1.00–4.30pm
Podiatrist	Wed. & Friday	8.45am–12 noon *and* 1.00–4.00pm
Orthoptist	2nd Tues/month	9.00am–12.30pm
Cambs Hearing Help	4th Tues/month	9.30–11.30am
Health Visitors *(based at Longstanton)*:		**01954 207612**
Well Child Clinics:	3rd Tues/month	1.00–2.30pm

at the Children's Centre, Bar Hill *(next to Primary School)*.

— BAR HILL HEALTH WALKS —

Free every Wednesday morning
Meet at Maple Surgery at 10.30am

Our walks are all weather *(in case of rain you will find us under the Church porch)*, free, and accessible to all, particularly those who are currently inactive.

Walks are 45–60 minutes long, and led by trained Volunteer Walk Leaders. Shorter walks may be available; contact Patricia or Josephine to discuss.

We meet locally after the walk for a hot drink and a chat. This is usually in the library, but may sometimes be at Costa, Tesco, or the Fox.

If this is your first walk please arrive 10 minutes early to complete a short health questionnaire. Copies are available on the PPG noticeboard in Maple Surgery, and at www.walkingforhealth.org.uk.

Contact: **Josephine Powell** T: 07901 558108; E: jopowell45@hotmail.com or **Patricia Daniels** T: 07917 874402; E: danielsoohn@btinternet.com.

— WANTED —

Reception Class at Bar Hill School would be grateful for any plastic toy animals, large or small.
Please contact **Jo Hall**, 11 Almond Grove;
tel: **01954 780304** or roger.hall90@ntlworld.com

HAVING PROBLEMS WITH COMPUTERS OR NEW TECHNOLOGY?

The solution is to *Learn IT* with *Laura*. Professional and personal support and training in your home.
T: 07889 261282; E: info@learnitwithlaura.co.uk
W: www.learnitwithlaura.co.uk

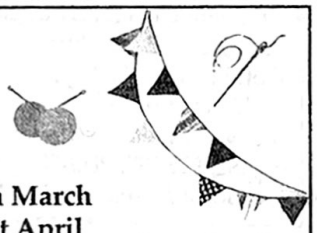
— NWR —
CONNECTING WOMEN WHO ARE INTERESTED IN EVERYTHING AND TALK ABOUT ANYTHING

NWR is a national women's organisation with members who enjoy lively conversations both serious and light hearted. It is for women of all ages, who like to be informed and share ideas by actively participating in the content of meetings. We promote friendship and self-confidence for lively minded women. We invite you to join us. Come along to one of our meetings, you would be very welcome.

2nd March **Antiques of the Future**
16th March **The History of Tea and Coffee**
30th March **Black**

The Bar Hill NWR group meets informally in members' homes on alternate Thursday evenings at 8pm. We pay an annual fee of £20.00 and just £1 per meeting to cover local costs. If you would like more information or someone to accompany you to a meeting, please don't hesitate to call Marie-The Last on 01954 780329 or Jackie Jackson on 01954 781613.
NWR can also be found on www.nwr.org.uk.
Why not have a look!

BAR HILL COMMUNITY MARKET



Saturday 4th March
Saturday 1st April
10.30am – 2pm
In the Octagon CB23 8EH
— Entry is Free —

All profits go to community/charity projects
Refreshments with Soup and Bread served by the Guides from 12 noon.
BBQ (weather permitting)
If you wish to be part of the market please contact
Karen Austen 01954 781085
e-mail: bar.hill.community.market@gmail.com
Facebook: Bar Hill Community Market

VOLUNTEERS FOR BLIND VETERANS UK

Could you spare an hour or two a week to befriend a blind veteran who has become isolated? Do you have an afternoon free where you could help a blind veteran with their food shopping?
We are looking for volunteers across the UK to help support our blind veterans. Whatever time you have to spare we can find an opportunity to suit you. We also provide training and support to make your time volunteering with us an incredible experience.
Contact **Lisa Walsh**: **07850 518431**;
email: lisa.walsh@blindveterans.org.uk or visit blindveterans.org.uk/volunteer.
Blind veterans UK; Registered Charity No. 216227 (England and Wales) and SC039411 (Scotland)

SEWING SERVICE

If you have a sewing job you don't fancy doing, call Lyn on **01954 201113**.

— HAPPY HOURS —

Our Club meets most Mondays in the Octagon building of Bar Hill Church and runs from 11am until 3pm, with coffee, tea and light lunches. Our Winter lunch time menu consists of soup and a roll or baked potato with butter (at £1.50 each) or filled baked potatoes *(cheese, tuna mayo or baked beans)* or a ploughman's lunch (at £2 each).
Our aim is to provide friendship and companionship, so why not come along and give us a try? You can have a good old natter, a game or two, or enjoy our other various activities. We would welcome new members.

Coming up in March:
6th: Old Time Sing-a-long
13th: Cheese and Wine tasting
20th: 'Spring Begins'
27th: Table tennis, darts and other games
3rd April: **No Happy Hours**

Anne Plumb, 01954 780364

BAR HILL SCHOOL — PTA

End of Term discos will be held on
Friday **24th March.**
Reception, Yr1 & Yr2 from 6.00–7.15pm
and Yr3, 4, 5 & 6 from 7.30–9pm.
Jubilee Summer Ball: Saturday **13th May,**
Live Band, food and more – details to follow.

— 8 O'CLOCK CLUB —

We are a women's group that meets on the first Thursday of the month in the lounge at the school. We have a variety of speakers as well as an annual garden party, birthday party and Christmas meal.
2nd March – Birthday party – *members only*
If you would like further information please phone **Barbara** on **01954 204171**, **Adela** on **01954 204265**, **Ann** on **01954 204687**, or come along to one of our meetings. We would be very pleased to meet you.

— HEALTH AND WELLBEING CLUB —

Normally held on the second Tuesday of the month between 2–4pm in Tesco Community Room, the group focuses on all aspects of promoting and maintaining good health in every area.
We start with a chair based exercise activity followed by advice from one of Tesco's departments, such as opticians, Nutricentre, which can include samples of healthy food and demonstrations.
This is a unique and friendly group and is an ideal place to meet new people. Next meeting: **14th March.**
For further information, contact **Wendy Arrowsmith** on **01954 781381** or **Sue Kenchington** on **01954 780260.**

— BAR HILL BOOK CLUB —

Our next meeting is on **Tuesday 28th March**
at 7pm in the Fox, Bar Hill.
Our friendly group offers a lovely welcome, good company and great book choices.
Contact: sheilafarrar@hotmail.co.uk or **07920 558319.**

— LETTERS —

Dear Editor
Having read Mr Doland's letter in February's Bar Hill News, and as the Chair of the former Footpath Committee, I felt compelled to write.
In November 2013 the Parish Council decided to demolish the skate park. Soon after, Footpath objected. In December 2013 we submitted an independent inspection, an affordable quote and suggested that a board be removed from each ramp to prevent use until such a time as funds were raised and repairs completed. The Parish Council agreed to this and reversed their decision. Unfortunately, the individual employed by the Parish Council to remove the boards was, perhaps, not best qualified and sadly destroyed the park.
Should Mr Doland still contend that the skate park needed to be demolished, it begs the following: Why were faults and damage not identified during the weekly inspections undertaken by a Parish Council employee, and if they were noted why were they not addressed immediately, using the budget set aside for this purpose?
You do not need to be Sherlock Holmes to realise that had this been the case, Bar Hill would, most likely, still have a skate park. Regarding his claims of vandalism, it is interesting to note that in the year preceding its destruction, the police received no reports of criminal damage at the skate park.
Mr Doland clearly has a low opinion of the youth of our village and does them a great disservice. Does he seriously believe they would wantonly damage the only facility they had and the community they had created there? Perhaps if he had taken the time to talk to these youngsters and learned how passionate they were about their skate park and its loss, he would not have made such damning and unfair insinuations about them.
Sharon Harrower, The Brambles
(former chair of Footpath Committee)

Dear Editor
I have been really shocked by the number of trees that have been chopped down by the A14 project. Like many, I knew something was going to happen but hadn't realised what the cost would be in tree loss until they disappeared.
It raises questions: Has the increase in air and noise pollution been considered? Are there plans to replant? Have they finished cutting? Were people aware that so many trees were going?
I have tried to follow some of the links online but they are not very helpful. Phrases like 'So far Highways England have not been able to reassure us regarding our concerns that Bar Hill is going to be the major interchange for local villages' (in BHN December) suggest that consultation and agreement haven't been a big feature of the process.
Correct me if I'm wrong. *Peter Stockton*
There is a piece from Highways England on page 26 which contains a paragraph or two on tree planting. Ed.

Dear Editor
I am writing to complain about the amount of dog mess around this village. As a dog owner myself I am astounded at how much mess is **not** picked up by dog owners. The other weekend my husband and myself picked up **six bags** of other people's dog mess from around areas that are used by children. This is both unhygienic and is costing others like myself money, as we are using our own poo bags to do this. PLEASE, PLEASE, PLEASE could people clear up after their own dogs! *[name and address withheld]*

Dear Editor
I would like to congratulate RADSOC on their wonderful production of Treasure Island panto which was held at Swavesey VC. It was a treat for all in the audience, with all the right responses and we loved it.
Regards, *Bunty & Graham Waters, & grandson*

LOCAL NHS REVEALS THE COST OF PRESCRIBING BASIC MEDICINES – DON'T SWALLOW UP YOUR NHS –

Residents are urged to buy basic medications from pharmacies instead of getting them on prescription.
Last year your local NHS spent over £4 million on prescribing the following medicines that can be bought easily from pharmacies or supermarkets:

- Pain relief (paracetamol) – cost to NHS: £1.5 million; cost to buy: 25p (16 tablets).
- Upset stomach treatment – cost to NHS: £1.2 million; cost to buy: £1 (six capsules).
- Antihistamines (allergies/hay fever) – cost to NHS: £550,000; cost to buy: £2.75 (30 tablets).
- Heartburn and indigestion treatment – cost to NHS: £320,000; cost to buy: £2 (200ml).
- Travel sickness treatment – cost to NHS: £93,000; cost to buy: £2.30 (10 tablets).

Keeping a selection of essential medications at home can help treat common conditions such as colds, coughs and flu and avoid unnecessary trips to see your doctor.
Further information on self-care visit:
http://www.cambsandpeterboroughchoosewell.co.uk/.

— HEALTHWATCH CAMBRIDGESHIRE — COMMUNITY LISTENER VOLUNTEERS NEEDED

Our volunteers are people like you who live or work in Cambridgeshire – you know the place and people in your community. We need your help to talk to more people about Healthwatch and find out what care is like for them.

- You will listen to people who have used health or social care services. This may be family, neighbours, friends, or people you meet within local networks.
- You may visit local groups, chat with people and record what they have to say.
- You might talk to people about Healthwatch Cambridgeshire by giving a short presentation, or working with us on a display stand.

We will give training and support, as well as paying agreed out of pocket expenses. As a Community Listener, you could also train to take part in our 'Enter and View" visits to local health or care services.
Contact Heather or Elizabeth for an informal chat.
E-mail enquiries@healthwatchcambridgeshire.co.uk,
call 01480 420628, or
visit www.healthwatchcambridgeshire.co.uk.

— BAR HILL PARISH COUNCIL —

Sue Bell, Parish Clerk: 01954 780456
e-mail: bhillpc-1@btconnect.com.
Please note that the office is open to residents between **9am–11am Monday, Tuesday** and **Wednesday.** Visit our website: www.barhill.org.uk for updates on local matters.

Report from Parish Council (PC) meeting 16th March:

- Tree and shrub maintenance, including cutting back vegetation on Hollytrees stream, should be completed by mid-April.
- PC is looking into getting the Connections Youth Bus to come into the village one evening a week for a trial period from Easter to July. A working party has been formed which will investigate upgrading, modernising and improving facilities for young people in Bar Hill.
- PC is aware that broadband is poor for many in the village and will be writing to BT for further upgrades so that fibre optics is available to all homes.
- PC is disappointed that UKPC is unable to fulfil its obligations under the contract to deal with lorries parking overnight on Viking Way. A refund has been received and another company will be sought.
- PC is concerned about litter, especially in the areas abutting the shopping centre area and will be seeking support from local companies. A litter pick day has been scheduled for 22nd April – everyone is invited to join in. Further details next month. PC will try and organise another day for collection of old electrical items in May (details to follow).
- PC is concerned about road closures due to the A14 upgrade which are causing problems for people getting in and out of Bar Hill and other villages. Not good communication for road users.
- PC has received complaints about parking on grassed areas. This is not permitted on PC-owned land, nor on verges around the perimeter road. Also a new sign is planned for Gladeside, giving directions to the school, library, post office etc. to try to reduce the number of vehicles, especially lorries, taking a wrong turn.

The **Annual Parish Meeting** will take place this year in **early May** at the Octagon – everyone is welcome to come along and hear what the PC and other clubs and organisations in Bar Hill have been doing, and to raise any concerns.

The next full **Parish Council meeting** will be held on **Thursday 16th March at 7pm** in the Parish Council Office. Members of the public and press are welcome. There is an Open Forum at the start of each meeting for residents to put their views across. Minutes of the previous month's meeting are on the village notice board. Items for the agenda must be placed with the Clerk at least seven days before.

Handy telephone numbers:

Streetlights: 0800 253529 – *give number of lamp post;*
Anglian Water: *(water supply and sewerage)*: **03457 145 145;**
South Cambs District Council: 03450 450500;
County Council: *(damaged paths and roads)*: **01223 717111;**
Abandoned Tesco trolleys: Trolley Wise: **0800 316 1241.**

HAIR2U
Professional Mobile Hairdressing covering Bar Hill and surrounding areas. Call Caroline: **07843 238718**

— NEIGHBOURHOOD WATCH —

We know it's unwise to leave our front and back doors unlocked yet we often make ourselves equally vulnerable online or on the phone – both methods that criminals increasingly use to target us. When Jason Ablewhite (Police & Crime Commissioner) ran a survey to establish the public's priorities for policing, Cyber Crime came 5th – even though we are more likely to be its victims than of 'traditional' crime. There is clearly apathy/ignorance about the scale of the problem.

Cyber crime covers criminal activities carried out by means of a computer or the internet, not only for financial gain, but also matters such as sexting, bullying, smuggling.

We must now accept that it is not IF we are targeted but WHEN. It will happen to us all, so over the next few months there will be some the basic advice. This month it is about **Passwords:**

- Use at least 12 characters including a capital, number and symbol *(longer and more complex passwords take weeks, not just minutes, to crack).*
- If you can't cope with too many passwords at least have two, e.g. one financial and one social.
- It's OK to write down passwords provided you keep them locked away. Just *never* carry them with you in your purse/wallet/handbag.
- Watch the news and if a company you use has problems, change your password immediately.
- Be a good neighbour and share this advice with at least two other people. You could save them a lot of distress and heartache.

Thefts from motor vehicles

Villages in South Cambs have seen a significant spike in thefts from cars and vans. To minimise being a victim:

√ always shut windows and sunroofs and lock doors;
x never leave items on display;
√ remove evidence of sat-navs etc, e.g. cradles, marks on windscreen;
x don't keep unnecessary documentation in your car (registration documents, insurance certificate etc);
√ remove house keys from your car;
x don't leave car keys near your front door or where they could be hooked through the letter box;
√ remove valuables overnight.

Pam Vendy, NHW Village Co-ordinator

— STORYTIME AT BAR HILL LIBRARY —

Stories and pictures, rhymes, songs and craft activities from **10.30am** on **11th** and **25th March.**

Small children and their parents or carers are invited to join in Storytime at the Library. It offers children of pre-school age and their older brothers and sisters book-based fun every month. This free event introduces young children (accompanied by an adult) to their local library and reveals to them all that is to be gained from learning to read.

THE ROYAL BRITISH LEGION, — BAR HILL BRANCH —

The Royal British Legion Bar Hill meets on the 4th Thursday of each month in the meeting room of the Octagon from 7.30pm. We are a small friendly group of like-minded people. You don't need to have an Armed Forces background to join, just share a common cause of supporting our Service Community, now and for the rest of their lives.

— Bar Hill Church —

Bar Hill Church belongs to several denominations, including the Church of England, the United Reformed Church, the Methodist Church, the Baptist Union and the Society of Friends. The Minister is **Charles Mather**, who may be contacted on charlesmather20@yahoo.com or tel: 01954 277119. The church website is at www.barhillchurch.org.uk; the Facebook page is at https://facebook.com/barhillchurch and our Twitter account is @BarHillChurch.

SERVICES FOR MARCH

Everyone is welcome to attend our services as follows:

Weds. 1st	**7.30pm** Ash Wednesday
Sun. 5th	**10.00am** Holy Communion (Methodist)
Weds. 8th	**10.00am** Holy Communion
Sun. 12th	**10.00am** All-Together Worship
Weds. 15th	**3.15pm** Messy Church (in the Octagon)
Sun. 19th	**10.00am** Holy Communion (Baptist)
	5.00pm Teatime Worship
Sun. 26th	**8.00am** Holy Communion
	10.00am Morning Worship
	6.30pm Reboot (Contemporary Worship)

Totzone, Kidzone and Café Church take place during 10am services except during the All Together Worship Services. 10am services are followed by tea/coffee, and there is a Traidcraft stall selling a range of fairly traded products.

EVENT: **The Women's World Day of Prayer?**
Friday 3rd March at 7.30pm in Church worship hall.
This year's service has been compiled by the women of the Philippines and is entitled "Am I being unfair to you?" It is a service for everyone, not just women, and will be taking place in churches all over the world on that day. Please do come and join us.

PRAYER FOR STREETS

Each month we pray for people in our streets. During March we will be praying for **Otter Close, Otter Gardens** and **The Spinney**. If residents have a particular prayer request for themselves or their family they are welcome to e-mail **Ginny** on outreach@barhillchurch.org.uk

Traidcraft

Come and buy Fair Trade items from our Traidcraft stall each Sunday after the morning Service.

— GROUPS FOR ADULTS —

ART GROUP

Whether you are a complete beginner or an experienced painter, this group will give you a warm welcome on Wednesday afternoons throughout the year from **1.30–4.00pm** in the Church.
Meetings are very informal, with occasional visits from tutors. If you are new to painting, materials are available to borrow to help you get started.
Contact **Jan Hewins** on **01954 201495**.

MUSIC GROUP

This group meets at 7.30pm most Friday evenings in the Church to practise the music for Sunday services. If you sing or play an instrument, you would be very welcome to join us. For further details, please contact **Bob Chappell** on education@barhillchurch.org.uk

COFFEE STOP

Every Wednesday from 10am–midday in the Bar Hill Library.
Coffee, tea and biscuits are served at a modest price.
A friendly meeting for all to chat with friends old and new.
Contact **Sue Kenchington** on **01954 780260**.

HOMEGROUPS

Would you like an opportunity to meet other Christians for Bible Study and Prayer? Our homegroups provide an informal but supportive environment. Our present theme is **"Matters of life and death"**.
For more information contact **Bob Chappell**: education@barhillchurch.org.uk

KNIT & NATTER

Thursday afternoons from **1.15–3.30pm** in the Octagon.
Everyone is very welcome, whether to knit, or just to chat and meet new friends.
Contact **Sue Kenchington** on **01954 780260**.

HOLIDAY AT HOME

Tuesday 4th to Thursday 6th April
Island Hopping: A Journey through the Irish Sea

We are again running our "Holiday at Home" event in the church buildings and we would be glad to hear of any older residents in Bar Hill who would benefit from this virtual holiday.
The day starts at 9.30am and finishes at 3.30pm and is filled with activities, good food and entertainment.
We would like our usual valuable support from the congregation with cakes and puddings and constant support in prayer during the planning and during the event.
Please stop me or phone to ask any questions at any time.
Sue Kenchington **01954 780260**

BRING YOUR OWN CRAFT GROUP

The craft group is open to anyone who enjoys or would like to start knitting, crochet, card-making or any other creative crafts. We meet in the Octagon from 2.15–4.45pm one Saturday each month for a couple of hours chatting, crafting and enjoying a chance to unwind. Please bring your own craft activity and materials – refreshments are provided.
Next meeting: **Saturday 25th March.**
Contact **Wendy** on **01954 782041** for more details.

— THE ALLOTMENT SOCIETY —

Anyone interested in renting space to grow their own produce can be put on our waiting list for membership. Please contact **Rob Lawrence**, plot allocator, on **07788 590348**. All other allotment matters should be addressed to: bhallotment@hotmail.com.

— Bar Hill Church —

—CHILDREN & YOUNG PEOPLE —

Cafe Church

On the first and third Sunday of each month the Children and Young People meet together in the Octagon for breakfast and worship and a learning activity
On the fourth and fifth Sunday of each month we have Kidzone with activities for Primary aged children.
Totzone (4 years old and under) meets each week in the Meetings Room during the morning service.
On the second Sunday all ages meet together in the Worship Centre for our All Together Worship service.

— YOUNG PEOPLE —

REBOOT

(4th Sunday of the month)
This informal evening service, held from 6.30–8.00pm, is for adults and young people. It begins with cake, biscuits and drinks and uses contemporary music and format.

— FAMILIES —

For pre-school and primary age children and their carers meets on the 3rd Wednesday of each month.
Join us for a Bible story and related craft activities followed by a simple meal. The next meeting will be on **15th March**.
All are welcome. For more information, please contact Heather at cyp@barhillchurch.org.uk.

TEA TIME WORSHIP

For pre- and primary age children and their families.
A new fun and noisy service, with songs, stories, puppets, prayers and activities.
Sunday 19th March from 5.30–6.30pm.
Bring a picnic to eat together afterwards.

FOR MORE INFORMATION about any of these and other activities for children and/or young people, please contact Heather at cyp@barhillchurch.org.uk

THE CATHOLIC CHURCH OF OUR LADY AND THE ENGLISH MARTYRS

The Catholic Church serving Bar Hill
Hills Road, Cambridge
Parish Priest: **Rt. Rev. Mgr Eugene Canon Harkness** Tel: 01223 350787
Local contact: **Bunty Waters** Tel: 01954 201421
Mon., Weds., Thurs., Friday 8am & 12.15pm
Tuesday 8am & 7.30pm
Saturday 6pm: First Mass of Sundays
Masses in the Parish Church in Cambridge; also 5pm at Cambourne and **6pm** at **The Octagon**, Bar Hill.
Holydays of Obligation 8am, 10am, 7.30pm
Sacrament of Reconciliation
Tuesday 6.45pm (not after Mass)
Saturday 10.30–11.15am, 4.30–5.15pm, 7.00–7.45pm
Details of other services are published in a weekly newsletter available at the 6pm Mass each Saturday. Copies are also available in the Church Centre.

Home Visits
I am happy to bring communion to house bound Catholics. I also visit people at the end of their lives, of any religion or none, who would welcome support or are distressed spiritually.
Contact Jean: 07841 397338, Catholic Eucharistic Minister. Associate Member of the Hospice Chaplaincy Team.

BAR HILL CHURCH ECO-GROUP
March 2017 Notes

ECO-Group members have been finding out more about Green issues: Revd Charles Mather and Anne Littlefair attended an ECO-Church meeting at Michaelhouse in January. This was led by Clare Redfern, Great St Mary's ECO -Group, the Ely Diocesan Environmental person, and the Editor of "Green Christian" magazine. As well as some dissemination of facts and discussion of ECO-Church accreditation and activities, excerpts of the film "Before the Flood" were shown. There are plans afoot to enable members of Bar Hill ECO-Church Group to view the film together. Watch out for details.
Anne also attended a Climate Change Symposium on 28th January. The morning's keynote speaker was Tony Juniper, Fellow with the University of Cambridge Institute for Sustainability Leadership and, since 2015, President of the Wildlife Trusts. His comprehensive, understandable and interesting presentation was illustrated by impressive infographics. The afternoon's speaker was Henry Shue, Professor of Politics and International Relations, Merton College, Oxford. There were Q&A sessions and workshop options; Anne chose "Talking to people about climate change" led by Jane Heal, Cambridge Carbon Footprint.
The whole event was interesting and helpful. Notes are available to ECO-Group members should they wish to read them.

...did you know ... almonds & pistachios are the only nuts mentioned in the Bible?

— BAR HILL VILLAGE HALL —

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During the week we have the following groups and clubs:

Mon.	Helene Taylor-Todd School of Dance *(school term time only)*	4–6pm
Mon.	Craig Burns Bootcamp	6.15–7.15pm
Mon.	Martial Arts	7.30–9pm
Tues.	Shotokan Karate	6–8pm
Wed.	Helene Taylor-Todd School of Dance	4–6.45pm
Wed.	Danielle Fitness Classes Zumba & Pilates	7–9pm
Thur.	Pilates *(school term time only)*	10–11am
Thur.	Weightwatchers	7–7.50pm
Fri.	Baby Sensory	10.30–12.30pm
Fri.	Martial Arts	7.30–9pm
Sun.	Bingo *(doors open 7pm)* Cash prizes	7.30–9pm

If you wish to book any of these facilities, or get more information, please call 01954 782414 and leave a clear message. We'll call back within 24 hours (Monday to Friday); or e-mail barhill.villagehall@btconnect.com

TESCO Bags of Help

Your chance to bag up to £5,000 for local community projects

TESCO is inviting local community groups, green space projects and other organisations to apply for their share of a £12,000,000 carrier bag charge fund.

The supermarket has teamed up with the charity Groundwork on its Bags of Help initiative, which sees the money raised from the 5p bag levy being used to pay for a large number of local projects to improve green spaces in communities.

Tesco customers will decide on a monthly basis which groups get grants of up to £1,000, £2,000 and £5,000 in regions up and down the country.

It's expected the new monthly format will see more than 100 projects receive vital funding across Cambridgeshire every year. Funding will be awarded to projects that use and develop outdoor spaces in ways that will benefit their local community. We've already seen local groups, schools and charities benefit and look forward to seeing many more exciting projects come out of this initiative.

Find out more about how to bag your share or nominate a good cause at www.groundwork.org.uk/tesco.

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— MAPLE SURGERY NEWS —

Tel: 01954 780442
www.mhmaple.co.uk

The Surgery will be closed on Thursday 16th March from 1–6.30pm for Clinical Governance Training. In the event of an emergency during these hours, please dial 111.

Flu Clinic – if you are eligible and have not yet had your flu vaccination, please call to make an appointment.

Shingles Vaccinations – from 1st September 2016, shingles vaccination is offered routinely to people aged 70, and, as a catch up, to aged 78. Please phone the Surgery for more details.

Free NHS Health Checks – if you are between 40 and 74 years old and have not had an NHS Health Check in the last five years, please book a check with the Nurse now.

Emergency/On the Day Appointments – please remember that morning emergency/on the day appointments may be booked from 8.30am, and afternoon appointments from 1.30pm.

Test Results – telephone requests for blood results will only be accepted after 2pm.

Repeat Prescriptions – please allow two clear working days for repeat prescription requests to be processed. Please note that we no longer accept repeat medication requests from community or online pharmacies or appliance contractors. Patients or carers must request their own medication and advise us of their chosen pharmacy.

The Maple Surgery Team

BAR HILL BABY AND TODDLER GROUP

Wednesdays and **Friday** (term time)
9.45–11.15am in the **Octagon.**

Ordinary session price includes children's snacks, drink, craft, play and adult tea/coffee.
Under 1: £1.50; Over 1: £2.50; Family: £3.50.

— VOLUNTEERS REQUIRED —

The Over Day Centre is a thriving charity that offers high quality day care for the frail and elderly of Over and the surrounding villages.

Can you spare any time? We urgently require a **volunteer Kitchen Assistant** on **Fridays** from **1–3pm**, and a **volunteer Minibus Driver** on **Tuesdays** from **3–5pm.**

Full training will be given and a DBS check will be required. For further information, please contact the Centre Manager, Sarah Carr, at The Over Day Centre, 1 Drings Close, Over, CB24 5NZ.

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Results of a patient survey in December showed we are meeting patient expectations and they are very happy with the service provided. The results and our responses to your suggestions can be found on our website and in the waiting room on the notice board.

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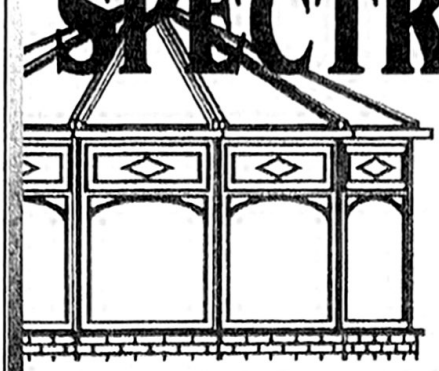

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— WILDLIFE TRUST —
Huntingdonshire Local Group

We are pleased to welcome well-known Environmentalist **Tony Juniper**, who will present an illustrated talk entitled **What Nature Does For Britain**, on **Wednesday 8th March at 7.30pm at Brampton Memorial Centre**, Thrapston Road, Brampton, PE28 4TB.

Tony has been President of the Wildlife Trusts since December 2015. For more than 25 years he has worked for change towards a more sustainable environment at local, national and international levels. Tony will tell us how Britain's nature enriches our environment, from peat bogs and woodlands that help our water supply to the soils that produce the food we eat. Tony has written several books, including 'What Nature Does for Britain' and 'What is Really Happening to Our Planet'.

Anyone interested in wildlife is most welcome to attend. Booking not necessary. Entrance: £2.50 (accompanied children free). Please contact Tim on **01480 457795** for further information.

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The surgery held a **patient 'meet and greet'** on Monday 23rd January and were delighted by the attendance.

The GPs, nurses, practice manager and pharmacist all said a bit about their role and background. This was followed by an open question and answer session.

Everyone agreed that they would like us to hold further meetings, and to incorporate speakers on different health topics. We hope to hold a meeting in April, with a diabetic specialist nurse speaker.

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Would you like to **book appointments on-line?** Please contact the surgery for more information.

Could we deal with your **consultation by phone?** Please ring to book and ensure we have all your contact details.

PLEASE REMEMBER TO CANCEL ANY APPOINTMENT YOU NO LONGER NEED!

Self-care medication – Winter months are very busy for GP Surgeries. It is very helpful if some minor conditions are treated with over the counter medicines. Why not pop in to our Willingham Pharmacy and stock up your medicine cabinet?

Carers support meetings –next meetings at Willingham Surgery are on 8th March and 5th April from 2–4pm. Please pop along and get some free support and advice.

Cambridgeshire hearing clinics – next Hearing Aid Clinics at Willingham Surgery are 15th March, 19th April & 17th May from 2–4pm. No appointment necessary, just pop along for your free NHS hearing aid batteries and for help and advice regarding hearing loss.

The foot care clinic at Willingham Surgery run by Mrs Casey Javed on Monday and some Wednesday mornings. For appointments please call 01480 301337 or 07807 505534 or visit www.stiveschiropody.co.uk.

RELATE Cambridge – offers counselling for couples and individuals at Willingham Surgery. Appointments will be Tuesdays from 10.30–12.30. If you feel this is something you would benefit from, please discuss with your GP. For more information or to book an appointment, call 01223 357424 *(confidential answerphone out of hours)* or visit www.relatecambridge.org.uk.

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— GIRLGUIDING IN BAR HILL —

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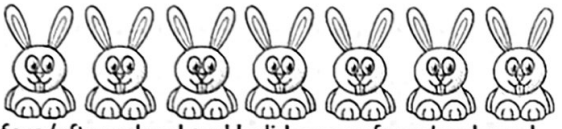
If you would like to join in the fun, please e-mail us: gg.barhill@icloud.com; or you can register online: https://enquiryym.girlguiding.org.uk.

Sarah Rivers, Commissioner

— BAR HILL CHILDMINDERS —

Bar Hill Childminders work as a close network of childcare professionals who offer a warm, friendly and loving home from home environment. We use the comfort of our homes as a base and can also offer your children the opportunities of day trips and range of outdoor experiences and take part in local community events and groups without being confined to one place. We offer flexibility in the hours that we work to suit you and your child's needs with village rates, rather than having set session times.

Your child will receive focused and individual attention and care as we progress them through the EYFS curriculum. Child led play as well as structured and personally thought out activities will encourage them to grow and learn at their own pace taking in to account each child's individual needs.



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We welcome you to join us and have an informal chat at either of our friendly and inviting 'Little Bunnies' sessions on Tuesday and Thursday mornings from 9.45–11.15am in the Octagon, term time only – (£1.50 for one child under one, £2.50 for one child over one and £3 for 2 or more children). Here we offer a wide range of sensory experiences, activities, stories, singing and more...

Childminders: *(those with currents vacancies are starred)*

Jasanthy	07982 847035* *(mornings 8am–1pm)*
Melanie	01954 204496* *(Tuesdays)*
Terri	07846 018714*
Kirsten	07906 218070
Jacky	07718 447998* *(5+yrs)*
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— BAR HILL CRICKET CLUB —

Preparations will soon be under way for what promises to be a busy 2017 season.

We will be playing in Division 4N of the CCA Junior League on Saturdays, and we will have a total of 16 matches, weather permitting, against: Abbots Ripton, Cambridge NCI IV, Cottenham II, Fordham III, Girton II, Haddenham, Histon III, Isleham II, Longstanton II, Madingley II, Needingworth II, Over II, St Ives III, Sutton II, Wilburton II and Willingham.

In addition, we hope to repeat our run of two years ago to the Finals Day of the Lower Junior Cup. We will also again play in Division 4 of the Cambridge Business Houses midweek league and are planning a programme of friendly matches on Sundays and on midweek evenings.

At our recent annual meeting, Sam Wilson was elected as first-team captain for the forthcoming season. The midweek league team will be under the stewardship of Ash Curry and Jack Colding.

Once again, we will be running youth training on the Village Green every week this summer – more details including the start date will be in next month's Bar Hill News.

For the latest news and all other information about the club, or if you are interested in joining or volunteering for the club, visit www.barhillcricket.org.uk or call me on 01954 201212.

Paul Stimpson

— BAR HILL SPORTS & SOCIAL CLUB —

The Sports and Social Club is situated on the top floor of the Village Hall. You can watch live sports on our two large HD TV screens, play pool, darts, skittles and cribbage, or enjoy a drink in our quiet lounge bar.

Thank you to all members who continue to support the club and the events we put on.

What's on in March?

11th Members' draw.
25th Members' draw.
27th Monthly quiz with increasing jackpot.

What's on in April?

8th Karaoke.
14th Nicole Lawrence, and cocktails.
15th Members' draw.
16th Egg hunt and colouring comp winners announced.
17th Xbox Fifa comp for kids register from 12.00, starting at 12.30.
24th Monthly quiz.
29th Members' draw.
30th OPEN MIC NIGHT – for those budding musicians. From 8pm – more details to follow

Not a Member?

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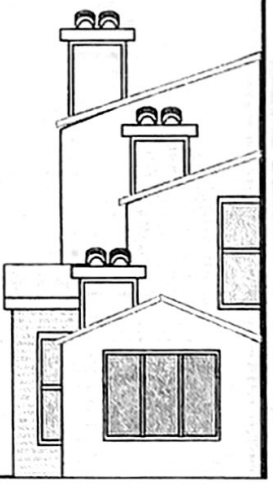

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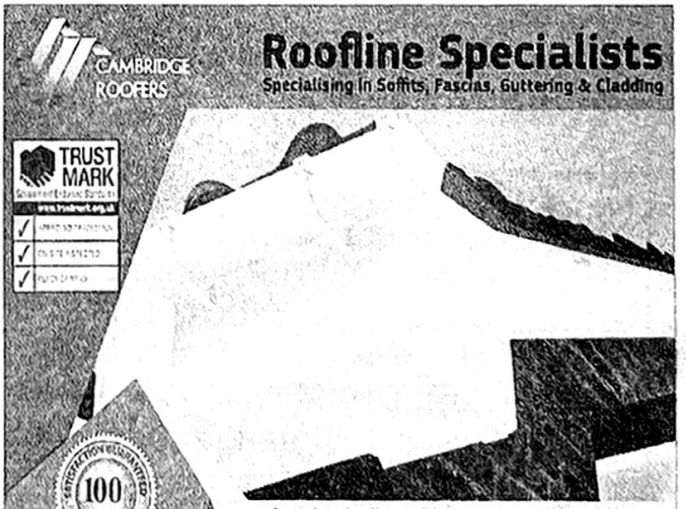

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— VILLAGE HALL —

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We offer fully flexible care between **9am–3pm**, for children aged 2–5yrs and are registered for Nursery Education Funding (NEF) as well as the government scheme **'Funded 2's'**. Please get in touch with Sarah or Michelle to arrange an informal visit.

The extended outdoor learning environment provides opportunities from growing fruit and vegetables for our snack bar to discovering worms, ladybirds and other creatures that share the area at the setting. We are proud to offer many additional learning experiences for your child with regular visitors to the setting as well as exploring the community around us.

The setting is intimate and comfortable and provides a safe environment for your child to learn and develop with their peers. The indoor area has a quiet corner for reading as well as a range of toys and equipment for your child to discover. We have strong ties with the community through visits to local businesses, the library and the church.

Parent/Carer Partnership

From September we are introducing **Online Learning Journals** where each parent can follow the development of their child in words and pictures via a secure login. Please contact us on the above telephone numbers or: enquiries@barhillpreschool.co.uk

Our setting manager as well as session allocation coordinator, Sarah, and her deputy Michele are always on hand to support you through the registration process. We look forward to meeting you and your child.

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— BAR HILL RAVENS UNDER 16'S —

After 10 seasons together the Ravens enter their final ever three games as of February 2017, with an outside chance of finishing in the top two.

The lads have had a terrific season in a tough, competitive league. With a reputation for high scoring, the blues have scored the most goals in our league and second highest across the divisions. Only four years ago the Ravens were playing in the 6th tier. The majority of the squad has remained unchanged, and if a top two place is secured, they'd be eligible for a place in the second-highest league should we play at Under 17's. Quite a remarkable journey and real success story.

With many a team folding as players get older, I'm delighted that our numbers have risen and we will end with a record high of 17 registered players.

It's been a terrific effort off the pitch too. Our thanks to fantastic parental support, without whom, we would not be able to function. It's crucial to recognise the committee and structure at the club who make all this happen for our children to play such a great game.

— COUNTY COUNCILLOR REPORT —

Budget – at a recent budget meeting, the opening position assumed that last year's 2% levy for Adult Social Care would be maintained. The full amount that government would allow was 1.99% on Council Tax plus 3% for Adult Social Care.

The final decision was to maintain 2% for Adult Social Care. However, a successful amendment proposed measures that allow the Council to address residents' concerns. By using funds that would otherwise be transferred to the Transformation Fund the Council will be able to: [a] resource the working up of a number of highways improvement schemes – particularly to deal with traffic pinch points and to improve the quality of roads and footpaths; and [b] invest in mental health services.

Blue Badge – it seems that the Council's new online way to apply for a blue badge is meeting with approval. The new web application form simplifies the way to apply for or renew a Blue Badge and does away with the need for uploading documents. Applying through www.cambridgeshire.gov.uk/bluebadges saves time for applicants and money for the Council – around £80,000 a year.

Stagecoach – finally my thanks go to the Bar Hill resident who is currently compiling **ridership figures** to support my request to Stagecoach to review the alternative service it is currently providing following withdrawal of the 95 service.

If you'd like to know more about what's happening at the County Council, please let me know and I'll add you to the circulation of the full report I write monthly for parish councils.

Lynda, lyndaharford@icloud.com; **01954 251775/ 07889 131022**; follow me on Twitter: @2whit2whoo

— BAR HILL COMMUNITY CAR SCHEME —

BAR HILL

This scheme is aimed at the residents of Bar Hill who don't have access to a car and struggle with using public transport.

It costs only 30p per mile, with a minimum charge of £3.00 per journey. Our drivers are fully insured. Once a journey is booked (07496 465330), a volunteer driver will collect you and take you home after your appointment.

If you would like to volunteer, know of someone who would benefit from this scheme, or want to know more about it, please get in touch with Jane Johannessen, Community Development Officer, Care Network, on: T: **01954 211919**; E: jane.j@care-network.org.uk

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— COMPUTER BUDDYING —

from 2–4pm on Tuesdays at Bar Hill Library.

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— COUNCILLOR NOTES —

How to form a **Community Flood Group**, this is a volunteer group which works on behalf of the local community, liaising with the Environment Agency and Authorities to try to mitigate flood risk in their area. If you would be interested in setting up a Group please contact me for guidance notes. You can contact Tamsyn Ellway, Flood Resilience Advisor, Environment Agency, e-mail Tamsyn.Ellway@environment-agency.gov.uk.

SCambs has published its **2017–18 Budget**. This shows the importance of business investments in meeting tough savings targets. You may be aware that past and continuing funding cuts the Council receives from Government has meant that SCambs has had to transform the way it thinks and operates – without its foresight and continuing commitment, the Council would not be able to provide the level of service for residents. It is required to find savings or generate more income of £2m up to 2020–21. Its intent is to generate income rather than cut services.

The budget includes a proposed £5 increase to the District Council's portion of Council Tax for the average Band D home, which provides a proportion of the money needed to provide the Council's services. If the increase is agreed, SCambs will maintain its position as one of the lowest taxing authorities in the country.

The good news for local community groups is that the Council's Community Chest Scheme will continue into 2017–18, with a £52,000 budget. Our villages all benefitted from the current year's scheme and no doubt will be among the first to submit applications when the fund reopens in April.

A reminder that **County Council and Mayoral elections** take place on **4th May** – look out for details. Please contact me if you would like a postal vote.

PARKLIFE DATE – SUNDAY 25th JUNE at MILTON COUNTRY PARK. Further information will appear in your South Cambs Magazine.

Please contact us if you should need any information or queries please do contact us:

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— HEIDI ALLEN MP —

Winter has been brightened by visits to primary schools, including Barton C of E, who invited me to sample some mud delicacies made in their own mud kitchens! They are looking for a sponsor to help them achieve their goal of 20 laptops for the children. If anyone is able to help, please contact the Headteacher, Clare Coulson, on 01223 262474. Our schools are our future and we need to invest in them. I continue to raise the issue of fairer funding with the Education Secretary, Justine Greening. Cambridgeshire has been historically under-funded and is now experiencing unprecedented growth. The Government is consulting on new national funding formula proposals and your contribution is really important. I have concerns, shared by schools, that the proposed formula is still not quite right, so please do have a say in this. For information on the changes we need, please contact my office. To submit to the consultation, please go to https://consult.education.gov.uk/funding-policy-unit/schools-national-funding-formula2/. Closing date is 22nd March.

I'm committed to supporting initiatives that improve mental health, particularly in our youngsters. In 2016, I followed the progress of an innovative partnership between Melbourn schools and an organisation called Allyance. This scheme works on early intervention to support young people with mental health issues in their own school environment. It has been so successful that Cambridgeshire County Council has extended its funding for 2017.

I was delighted to celebrate Addenbrooke's gaining an overall rating of 'Good' in their recent CQC report. This is a phenomenal turnaround for the hospital and is testament to the dedication and commitment of staff – I've witnessed just how far they have come in under two years.

Thanks to those who contributed to my public transport feedback request – I received almost 100 responses. I'll take your opinions and evidence to key stakeholders, including bus and train operators. There's no quick fix to rural transportation issues but I intend to push for innovation that benefits South Cambridgeshire as part of the City Deal and Devolution package. Please keep an eye on my website for details.

As always, if you have anything you'd like to share with me, you can find details of my upcoming surgeries at www.heidisouthcambs.co.uk/residents-drop-surgeries. I'll be in Swavesey in March and Cambourne in April;
email: heidi.allen.mp@parliament.uk, or
call: **01954 212707**.

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— MARCH BULLETIN —
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A Safe and Well visit would provide us with sufficient information to support you and, with your permission, refer you to selected partner agencies who will be able to support you further. We will not share your data with marketing companies or for other purposes.
Our visit would last no longer than 60 minutes and is free of charge. We would assess five key elements:

1. Fire safety, including cooking, general safety and escape plans.
2. Falls prevention, including simple actions like replacing lightbulbs or taping down loose carpet.
3. Alcohol-related illness in the over 65s is on the increase. We can provide helpful information.
4. Can you afford to heat your home? Do you have access to a hot meal? Do you have access to all services available to you?
5. We can provide advice on making your home more secure, in addition to advice to make you less vulnerable to scams or fraud.

You are under no obligation to answer any questions, but the more information you provide, the better we will be able to support you. We can also provide advice in relation to promoting the health and safety of individuals with hoarding concerns, as well as providing valuable information to care providers.
During March we will be raising awareness of fire risks associated with **smoking**, with national No Smoking Day on 8th March. We find smoking is a factor, for example, when combined with poor mobility or health problems, it increases the chance of fire. Here are some tips to take on board or give to friends and family that smoke:

- Never leave a lit cigarette or pipe unattended.
- Always use a proper ashtray and make sure the contents are cold before you tip it in the bin.
- Never smoke in bed and avoid smoking in a chair if you are likely to fall asleep.

Most importantly, fit a working smoke alarm and test it regularly. Don't forget to also test the smoke alarms of those you love. If you have an elderly or vulnerable relative, friend or neighbour, pop by and make sure they have a working smoke alarm. If they don't, that is something we can provide as part of a Safe and Well visit.
To find out if you are eligible for a Safe and Well visit, enquire at www.cambsfire.gov.uk and search for "Safe and Well", or phone 0800 917 9994.

BAR HILL SCHOOL

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website: www.barhillschool.co.uk

This term has been action packed even though it was so short. Probably the most exciting time for the school was the visit by the Queen's cousin, the Duke of Gloucester. The children were impeccable examples of our school values while sharing in the spirit of the occasion from the first moments when Middles welcomed the royal party through the rest of the tour. Other highlights of the tour included: watching our Street Dancers, visiting Infants lessons and listening to the Infants choir, playing with Reception on the playground, listening to the Uppers music concert and offering to the Duke of Gloucester a gift from the Chair of the Student Council.
After the Duke left us, HRH went to the church to enjoy a tea party where local organizations and residents could enjoy the occasion in celebration of the town's 50th anniversary. While it was great having a member of the royal family visit, what made the time particularly special was the number of people from around Bar Hill getting together to celebrate the community and enjoy each other's company.
Along with this great event we've finished the term with lots of success, including two of our Year 4 students winning first place at the Cambridgeshire Maths competition and our Enterprise team receiving awards for their innovative approach and the values they demonstrated during the competition.
As a final celebration before the end of this half-term, we congratulate those children who took part in Kindness Week by completing the Kindness Challenge. We also thank Miss Binnie for leading the challenge for the school - this has made the school even more loving. We hope that this continues into the holiday and beyond and spreads well beyond our school gates.
Best wishes
Dr Al Mistrano, Headteacher

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HIGHWAYS ENGLAND
— A14 CAMBRIDGE TO HUNTINGDON —

This £1.5 billion project, which started in November 2016, includes a major new bypass and upgrades 21 miles of the A14, adding additional capacity, boosting the local and national economy and cutting up to 20 minutes off journeys.

Traffic management – to minimise impact on drivers, current numbers of traffic lanes are maintained during the day by narrowing existing lanes to gain the space needed. When work does require lane/road closures, these will take place at night. Over the next few months, we will be using the following traffic management:

- *narrow lanes on the eastbound A428 between Madingley and Girton;*
- *narrow lanes in both directions of the A14 between Dry Drayton and Swavesey;*
- *traffic lights on side roads during off-peak hours (9.30am–3.30pm);*
- *night-time closures between junction 24 (Godmanchester) and junction 30 (Dry Drayton) for site clearance.*

For up to date traffic information visit: http://roads.highways.gov.uk/projects/a14-cambridge-to-huntingdon/#roadworks.

Public information exhibitions – in Autumn 2016 we ran 11 public information exhibitions. Of 2,845 visitors, 82% felt they got the information they needed.

Health and safety – the Integrated Delivery Team, Balfour Beatty, Carillion, Costain and Skanska, have created a set of standards that puts health and safety at the forefront of everything we do.

Tree planting – Highways England is one of the largest planters of trees in the UK and we have developed a full landscaping strategy for the new scheme. The A14 strategy considers visual screening needs, ecological and engineering needs, and the variety of existing landscapes. Planting proposals include woodland, woodland edge, specimen trees, avenues and hedgerows as well as ornamental shrub planting areas.

Utilising an advance grow contract to gather seeds locally for the A14 planting was considered but not implemented as local provenance trees and shrubs are available in sufficient numbers. All the new planting is specified as native species and of local provenance, which requires it to be grown from seeds gathered locally.

Environment: vegetation to be used for biomass energy – a large proportion of the scheme's waste created from vegetation clearance is being converted into biomass energy. In biomass power plants, waste is burned to produce steam to run turbines to make electricity. This is renewable energy and, correctly managed, significantly reduces net carbon emissions compared to fossil fuels.

A14 Community Fund – launched in Summer 2016, this supports projects with up to £10,000 of funding for activities which respond to the changes the scheme will bring. So far four projects have been approved, including:

- a transport themed mural in a primary school hall;
- new gardening equipment and an information board for a community orchard;
- support for a community shop;
- support for people with mental health and disability to develop landscaping skills.

Keep in touch – T: 0300 123 5000;
E: A14CambridgeHuntingdon@highwaysengland.co.uk;
W: www.highways.gov.uk/A14C2H

— FRIENDS OF THE ROSIE —

The Friends of the Rosie Hospital are helping to make the Rosie a more comfortable environment for mothers and babies.

For up-to-the minute information follow Rosie in Stitches Facebook page.

We would like to thank customers at our stalls so far this year; we are already at £130.

Upcoming Stall dates

Tea Bar, Rosie Hospital Outpatient Clinic Monday to Friday 9am–4pm

Saturday 4th March from 10.30am–2pm at Bar Hill Community Market, The Octagon, CB23 8EH;

Tuesday 4th April from 10am–4pm at Outpatient Foyer, Addenbrooke's Hospital.

If you can improve our website, organise the three large stalls per year at Addenbrooke's Outpatients, provide transport for our volunteers or display a small selection of our wares please contact a member of the committee, details are given on our website. If you have any toy stuffing or yarn we are in urgent need of your donation. Thank you for your continued support.

— CAMBRIDGESHIRE AGE UK —
VOLUNTEERS NEEDED IN YOUR AREA

Have you spoken to anyone today? How would you feel if the answer today, tomorrow and the next day was no-one?

The Age-UK visiting scheme enables people in later life living near you to say "Yes – I had a visitor today".

Just one hour a week of your time will help ease social isolation and loneliness.

To become one of our valued volunteer visitors, contact our helpline on 0300 666 9860.

APPLETREES PLUMBING & HEATING

94 Appletrees, Bar Hill CB23 8SW.
City & Guilds Qualified; Gas Safe Register number: 564278.

All types of domestic plumbing, heating and gas work undertaken, including boiler installation and servicing; radiator installation and moving; heating system updating and installation; heating system cleaning and power flushing; inspection and certification; bathroom installation; appliance installation; tap repairs; toilet repairs; install and repair water storage tanks; underfloor heating.

City & Guilds Qualified

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E: info@appletrees.plumbing
W: www.appletrees.plumbing

Gas Safe Register

BAR HILL TAE KWON-DO CLUB

Tae Kwon-Do, the Korean art of self-defence, is suitable for the whole family. Lessons are held at **Bar Hill School** on **Mondays. Junior class** *(beginners' class from 4 years old)* is from 5–6pm; **Junior and Adult class** 6–7.30pm. **Sparring Classes** are held on **Sundays** from 10–11.30am. **Free taster sessions.** Family discount. Text, call or e-mail: Mister **Jason Newton**: jason.newton@btinternet.com; 07745 436806;
or **Sam Dethridge**: 07767 697236;
barhilltkdjuniorclass@gmail.com.
Part of the Tae Kwon-Do Association of Great Britain (TAGB).

FINBOW FRAMING (inc Warwick Fine Art Prints)

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www.cambridgedentist.co.uk
bhdc29@gmail.com

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Cosmetic Dentistry
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We are currently accepting children and adults with a valid exemption (eg. Income support, pension credit, pregnant etc) as NHS patients

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on investments, regular savings, pensions, life cover, inheritance tax planning etc

Contact: NIGEL BOLITHO OF BV SERVICES

185 High Street, Cottenham, Cambridge, CB24 8RX

Tel 01954 251521

Email: Bolitho@enterprise.net

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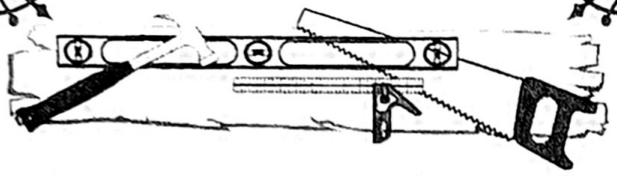

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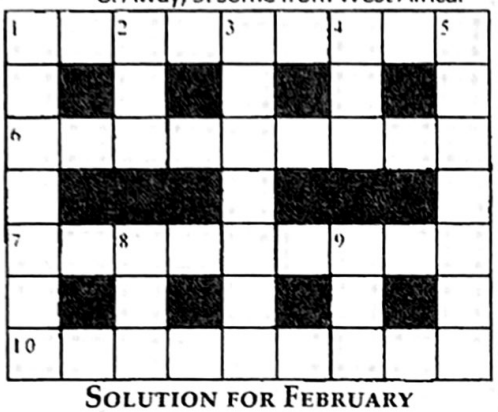
info@mandmheating.co.uk
www.mandmheating.co.uk
10 SOUTH ROAD, IMPINGTON, CAMBS, CB24 9PB

Gas Safe Register

— MARCH CROSSWORD —

Across: 1. mad this month, (5,4), 6. square dance, 7. be careful with money, 10. evil.

Down: 1. actor Steve, 2. acid of living cells, 3. parking for boats, 4. Every, 5. stiffening for the edges of holes, 8. Away, 9. some from West Africa.



Solution for February

Across: 1. Valentine, 6. Landaulet, 7. aggregate, 10. tempt fate.

Down: 1. valiant, 2. Len, 3. nearest, 4. ill, 5. extreme, 8. gem, 9. aka.

— BIN COLLECTION —

New collection day:	**THURSDAY**
2nd March	green and blue
9th March	black
16th March	green and blue
23rd March	black
30th March	green and blue
6th April	black
13th April	green and blue
Saturday 22nd April	black
Friday 28th April	green and blue
Friday 5th May	black

Crazy Dog-Walking Lady

Available on Wednesdays and Thursdays:
£10 per hour.
Please contact Sarah on **07913 690021**.
I have a diploma in Animal Behaviour.
DBS *(formally CRB)* checked.
Insured with PetPlan Sanctuary.

— USEFUL TELEPHONE NUMBERS —

Out of Hours Medical Emergencies		111
Police Non-Emergency		101
Allotment Society	*Rob Lawrence*	07788 590348
Bar Hill Church	*Minister: Charles Mather*	01954 277119
	Church office	01954 206120
Bar Hill School		01954 273305
Bar Hill Community Car Scheme		07496 465330
Bar Hill Cricket Club	*Paul Stimpson*	01954 201212
Bar Hill Sports & Social Club		01954 781881
Cambridge Fire & Rescue Service Helpline		0800 917 9994
Coffee Stop, Knit & Natter, Holiday@Home	*Sue Kenchington*	01954 780260
Community Market	*Karen Austen*	01954 781085
Conservative Party	*Iris Lay*	01954 205265
County Councillor	*Lynda Harford*	01954 251775 07889 131022
Councillor, Parish Council, Residents' Association, Bar Hill News Advertising	*Bunty Waters*	01954 201421 07734 690580
Councillor, Parish Council, Residents' Association	*Roger Hall*	01954 780304
Happy Hours	*Anne Plumb*	01954 780364
Health Walks	*Josephine Powell*	07901 558108
	Patricia Daniels	07917 874402
Heidi Allen MP	*Office*	01954 212707
Liberal Democrat Party	*Andy Pellew*	07814 871752
Library – renewals & enquiries		0345 0455225
GP Surgeries	*Maple*	01954 780442
	Over	01954 231550
	Over Pharmacy	01954 233457
	Swavesey	01954 230202
	Longstanton	01954 207600
	Willingham	01954 260230
	Willingham & Longstanton Dispensary	01954 207600
Neighbourhood Watch	*Pam Vendy*	01954 201001
Over Day Centre	*Sarah Peck, Manager*	01954 231807
Parish Council Office	*Sue Bell, Parish Clerk*	01954 780456
Post Office		01954 789285
Pre-School		01954 782892
Royal British Legion, Health & Wellbeing at Tesco	*Wendy Arrowsmith*	01954 781381
Samaritans		01223 364455
Swavesey Village College		01954 230366

— MARCH PUZZLE —

Form nine, nine letter **legal terms** in groups of three letters, in alphabetical order.

A	C	C	H	E	E	R	E	M
A	T	E	I	A	N	R	E	T
A	T	I	I	N	D	R	G	E
B	A	R	I	O	N	R	I	S
C	H	A	I	O	N	S	T	I
C	U	S	I	S	S	T	E	R
D	I	S	N	I	S	T	O	D
E	N	T	O	U	S	U	R	E
G	A	R	P	U	L	V	E	X

				R	E	T		
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							I	
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Solution for February: ADVECTION, BLIZZARDS, HODOGRAPH, INVERSION, LIGHTNING, MESOSCALE, NOCTURNAL, SHORTWAVE, SUPERCELL.

BICYCLE REPAIRS & SERVICING
07914 655086

RESIDENTS' ASSOCIATION

Interested persons are always welcome at Residents' Association meetings. They are usually held on the first Tuesday of the month at 8pm in the Parish Council office. Next meeting: **7th March.**

— EVENTS CALENDAR —

date	*event*	*where*	*time*
26 February	Huntingdonshire Concert Band concert *(page 30)*	Church	7.30pm
27 February	Happy Hours – the Pancake Games *(page 3)*	Octagon	11am–3pm
27 February	**Bin collection changes to Thursdays this week** *(page 29)*		
2 March	NWR – antiques of the future *(page 3)*		8pm
2 March	8 O'clock Club – members only birthday party *(page 3)*	School	8pm
4 March	Community Market *(page 3)*	Octagon	10.30am–2pm
6 March	Happy Hours – Old Time Sing-a-long *(page 3)*	Octagon	11am–3pm
8 March	Hunts. Wildlife Trust talk *(page 15)*	Brampton Centre, PE28 4TB	7.30pm
13 March	Happy Hours – Cheese and Wine tasting *(page 3)*	Octagon	11am–3pm
14 March	Health & Wellbeing Club *(page 3)*	Tesco Community Room	2–4pm
16 March	NWR – History of Tea and Coffee *(page 3)*		8pm
18 March	"Faire is the Heaven" concert *(page 30)*	St Mary's Church, Newmarket	7.30pm
20 March	Happy Hours – Spring Begins *(page 3)*	Octagon	11am–3pm
24 March	End of Term Disco for all years *(page 3)*	Bar Hill School	6–9pm
25 March	James Bond Casino Night *(page 30)*	Hallmark Hotel	7pm
27 March	Happy Hours – Games *(page 3)*	Octagon	11am–3pm
27 March	Monthly quiz *(page 16)*	BHSSC	7.30pm
28 March	Bar Hill Book Club *(page 3)*	The Fox	7pm
30 March	NWR – Black *(page 3)*		8pm
1 April	Community Market *(page 3)*	Octagon	10.30am–2pm
3 April	Happy Hours – **No meeting** *(page 3)*	Octagon	11am–3pm
4 April	Rosie stall in Outpatient Foyer *(page 26)*	Addenbrooke's	10am–4pm

"FAIRE IS THE HEAVEN"

Saturday 18th March at 7.30pm

in **St. Mary's Church**, Church Lane, Newmarket CB8 0HP.

Join the **Cantilena Singers** for an evening of unaccompanied and accompanied **sacred music**, including works by William Harris, Charles Wood, Herbert Howells, Samuel Sebastian Wesley.

Director: **Daniel Spreadbury**; Organist: **Jonathan Giles**.

Refreshments available.

Tickets **£10** on the door *(free admission for under 18s)*

or contact Caille Sugarman-Banazsak on **01223 813918**.

Website: www.cantilenasingers.org

HALLMARK HOTEL—JOB VACANCIES

We are currently looking to recruit for the following positions at the Hotel:

- Chef de Partie;
- Commis Chefs;
- Kitchen Porters;
- Receptionist;
- F&B assistants – *flexible around school hours.*

Previous experience preferred. Competitive rates of pay. Company benefits.

For further information please contact Emily Spenceley, Hotel Administrator on 01954 249988, or email your CV to: Cambridge.admin@hallmarkhotels.co.uk.

COMIC RELIEF — RED NOSE DAY

COMIC RELIEF COFFEE MORNING

Friday 24th March from 10am–12noon

in the Church

Cakes, Bring and Buy,

Plants (including snowdrops) and Cards.

Please come and join us and help us to raise money for this good cause.

For more information contact Karen on **01954 781085**

— VACANCY —

We are currently looking for a part-time, motivated therapist, either part or fully qualified in holistic and beauty therapy.

If you are interested, please apply in writing with a full CV to: The Farmhouse, Gladeside, Bar Hill;

E: total.relaxation@ntlworld.com.

Total Relaxation at the farmhouse

JAMES BOND CASINO & DISCO NIGHT

25th March 2017 from 7pm till midnight

007 **at Hallmark Hotel.**

Tux and evening dresses.

Tickets **£40**, which includes BBQ, Disco and 'funny money' to gamble with, available from Dom [domcarminati@icloud.com] or Danny [Danny_carminati@hotmail.com].

— COMBERTON RAMBLERS CLUB —

FORMED IN JUNE 1974.

If you like walking and enjoy the countryside, Comberton Ramblers is the group for you. We walk an average of 5–6 miles every other Sunday. Our Spring 2017 programme starts on 8th January, so why not give us a try? You'll have the benefit of an exhilarating walk, plus the companionship of a group of like-minded people.

For more information contact Stella on T: **01954 210049**; W: stella.ramblers@hotmail.com; or have a look at our website: www.combertonramblers.org.uk.